

Recommended Reading (referenced in curriculum)

Chapman, Gary. "The 5 Love Languages: How to Express Heartfelt Commitment to Your Mate." Northfield Publishing, 2004.

Collins, LPC, Tristen and Jonathan. *Why Emotions Matter: Recognized Your Body Signals, Grow in Emotional Intelligence, Discover and Embodied Personality*. Beaumont Press, 2019.

Gottman, John and Nan Silver. *The Seven Principles for Making Marriage Work*. London, 1999.

Keller, Timothy and Kathy. *The Meaning of Marriage*. Penguin Books, 2011.

Kuhm, Stephen. *10 Lies Men Believe about Porn: The Lies That Keep Men in Bondage and The Truth That Sets Them Free*. New York: Morgan James Publishing, 2014.

Lovenheim, Peter. *The Attachment Effect: Exploring the Powerful Ways Our Earliest Bond Shapes Our Relationships and Lives*. New York: TarcherPerigee Books, 2018.

Siegel, M.D., Daniel J. *The Whole-Brain Child: 12 Revolutionary Strategies to Nurture Your Child's Developing Mind*. New York: Delacorte Press, 2011.

Thompson, Curt. *The Anatomy of the Soul*. Illinois: Tyndale House, 2010.

Yerkovich, Milan and Kay. *How We Love Workbook: Making Deeper Connections in Marriage*. Colorado Springs, 2017.