

REST IN THE POWER OF GOD

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BIG IDEA

Take refuge in God to enjoy the peace of God.

OUTLINE

1. God is our refuge and strength
2. Our view of God determines what we fear.
3. The Holy Spirit gives us the power to live in God's strength
4. Being still helps form our heart.

DISCUSSION QUESTIONS

1. Where do you tend to find your refuge and strength when it is not in God?
2. Where in your life do you need to heed the invitation to take refuge in God?
3. Where do you need God's "ever present help?"
4. When do you tend to get overwhelmed with life and fall into fear? How is your view of God related to fear?
5. What would help you engage the Holy Spirit to be your river of life? Where do you tend to flap your wings instead of soar?
6. How can you find space in your life to be still and know that He is God?

NEXT STEP

- I will take an extended morning to be still and consider the invitation of God to be my refuge and strength.