

COUNTING OUR BLESSINGS, ONE DAY AT A TIME

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BIG IDEA

It's our choice: We can live with thanksgiving or with bitterness.

OUTLINE

- I. What are the impediments to living thankfully?
 1. Wrongly thinking that thankful living is a limited-time attitude.
 2. Wrongly thinking it's impossible, so why bother?
 3. A preoccupation with living your life.
 4. Hard heartedness.
 5. Self-pity
- II. What are the keys to living thankfully?
 1. Make thankfulness as much a part of our existence as breathing.
 2. Give thanks even when it doesn't feel good.
 3. Don't become preoccupied with living your life.
 4. Soften your heart.
 5. Replace self-pity with God praise.
- III. How do we show our praise — give thanks to — God?
 1. By singing to Him.
 2. By praying to Him.
 3. By giving to Him.
 4. By being salt and light for Him.

DISCUSSION QUESTIONS

1. Five impediments for living thankfully were mentioned. Which is the most difficult one for you to overcome and why?
2. Which is most important in our ability to give thanks — circumstances or attitude?
3. The story was told of a woman from Pakistan, Khaida. What did you learn from her and the situation in which her church was bombed?

NEXT STEPS

- Think of someone for whom you're thankful, but who might not know it. Do something tangible—a note, a gift, a word of praise—to communicate your appreciation.